

Basketball Rules

- Begin each game with a coin toss

Games:

1st Round:	10 min. or 21pts.
Playoffs:	15 min. or 21 pts.
Finals:	20 min. or 25 pts.

Scoring:

2 pt.	Inside 3 pt. arc	1 pt.	for Foul shot
3 pts.	Outside 3 pt arc	1 pt.	for Foul shot

Rules:

1. Alternating possessions
2. Each possession must start beyond the 3pt. arc (no scoring from a change of possession without the ball crossing the arc)
3. Ball cannot be shot immediately after the check (must be passed before shooting)
4. Offensive player calls the foul
5. 6 fouls are allotted to each team per game
6. The 7th, 8th, etc. foul (shooting + non-shooting) will be rewarded 1 foul shot (if 1st shot is made, a 2nd shot will be given) followed by an automatic change of possession (no rebounding.)
3 pt shot will be rewarded a maximum of 3 foul shots
7. The 10th foul will be rewarded 2 or 3 shots followed by an automatic change of possession (no rebounding.)
8. Technique Fouls will be called by Mike Fahy or courtside monitor in the event of excessive foul language or unnecessary call disputes. The 2nd technical foul per person per game will result in player ejection.
9. Each team is allotted 1 time out per game (Player must have at least 1 foot inbounds while calling a time out)
10. Substitutions may be made during any dead ball situation.
11. If a tie exist after regulation time, time will be extended until the next point is recorded. This will be done with no stoppage of play after regulation time has expired.
12. Top 4 teams after the 1st round advance to the playoffs. If 2 or more teams are tied for the playoff position, results of 1st round action will decide who advances. The tiebreaker procedures are –Head-to-Head (best win-loss record among the teams), Most points scored, and then Fewest points allowed.

*Only the 4 players on your team's roster will be allowed to play during the tourney

Volleyball Rules

*Begin each game with a coin toss

Games: RALLY POINTS

1 st Round:	21pts	
Playoffs + Finals	1 st + 2 nd game	-25 pts
	3 rd game	-15 pts

- Any game must be won by 2 pts

1 st Round	Cap at 25 pts.
Playoffs + Finals	No Cap

Rules:

1. 6 players on court during game
-Ratio of 6 players on court must be 4:2 of opposite sex
2. Substitutions can only occur during team rotations
-Substitutions must be male for male and female for female.
3. Serving -Wait for whistle before serving or call out your serve
 -Player can serve anywhere behind back boundary line
 -If serve touches the net and goes over, it is playable
4. Returning a serve with a spike or block is not allowed
5. Any player obviously touching the net will cause their team to lose possession of the ball.
6. No carrying the ball
7. If the ball touches the boundary rope, it is considered in bounds.
8. Disputes will be resolved by a courtside official (Jessie Barnes or Dan Blough will make final decisions.)
9. Playoff will be determined by number of teams in tourney. If 2 teams are tied for a playoff position, there will be a one game playoff.